

## 2024 Cougar Mountain Long Series Standings - total miles 71

Leaders: Noriko Osada & Quin Nelson & Christopher Porcaro

### Women

Name	10.8 miles	14.5 miles	19.5 miles	26.2 miles	Total Time
[None qualified]					

### Master's Women

Name	10.8 miles	14.5 miles	19.5 miles	26.2 miles	Total Time
Noriko Osada	2:39:49.6	3:46:04.7	5:18:37.4	6:58:13.1	18:42:44.8

### Men

Name	10.8 miles	14.5 miles	19.5 miles	26.2 miles	Total Time
Quin Nelson	1:48:42.8	2:36:03.2	3:43:35.8	5:13:31.5	13:21:53.3
Shishir Chawla	1:58:04.5	2:39:28.7	3:39:49.0	5:09:43.2	13:27:05.4
Adam Eucker	1:55:30.3	2:45:12.2	3:47:06.6	5:03:53.6	13:31:42.7

### Master's Men

Name	10.8 miles	14.5 miles	19.5 miles	26.2 miles	Total Time
Christopher Porcaro	2:04:24.8	2:42:49.3	4:21:18.6	5:47:16.5	14:55:49.2
Glen Mangiantini	2:29:07.4	3:16:35.1	4:39:05.1	6:33:38.4	16:58:26.0
Peter Stirling	2:14:04.1	3:40:35.1	4:33:29.2	6:04:29.7	16:32:38.1
Michael Sheirbon	2:22:38.5	3:42:23.7	5:10:13.0	7:16:02.4	18:31:17.6