

2024 Cougar Mountain Short Series Standings - total miles 38.6

Leaders: Kasper Andersen, Ryan Dunham, Kristen Wolf, & Lowell Bander

Men

Name	5.1 miles	8.2 miles	10.8 miles	14.5 miles	Total Time
Kasper Andersen	45:34.0	1:18:31.8	2:03:10.9	2:50:51.3	6:58:08.0
Zikang Shao	52:03.6	1:29:14.4	2:14:45.8	3:11:14.9	7:47:18.7
Adam Moyer	53:54.1	1:56:34.7	2:24:32.8	2:59:31.8	8:14:33.4
Carter Fortune	58:22.9	1:33:57.1	2:27:42.1	3:29:55.0	8:29:57.1
Francois Decuir	1:00:18.8	1:43:37.2	2:26:22.1	3:22:22.1	8:32:40.2
Michael Morrissey	2:30:16.1	2:59:50.6	2:11:31.3	2:50:53.4	10:32:31.4

Master's Men

Name	5.1 miles	8.2 miles	10.8 miles	14.5 miles	Total Time
Ryan Dunham	48:33.0	1:41:01.9	2:10:29.5	2:57:54.7	7:37:59.1

Women

Name	5.1 miles	8.2 miles	10.8 miles	14.5 miles	Total Time
[None qualified]					

Masters Women

Name	5.1 miles	8.2 miles	10.8 miles	14.5 miles	Total Time
Kristen Wolf	1:00:11.2	1:43:02.3	2:35:55.1	3:31:21.3	8:50:29.9
Yuko Helms	1:07:10.9	1:56:06.8	2:51:32.8	4:11:54.1	10:06:44.6
Emilie Knutson	1:05:09.4	2:12:11.2	3:17:26.2	4:30:41.3	11:05:28.1

Non-binary

Name	5.1 miles	8.2 miles	10.8 miles	14.5 miles	Total Time
Lowell Bander	50:38.3	1:32:13.9	2:24:46.6	3:51:07.1	8:38:45.9